

# November

## LUNCH K-5

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> <li>• cheeseburger</li> <li>• cheese pizza (VG)</li> <li>• santa fe chicken wrap</li> <li>○ steamed corn</li> </ul> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> <li>• breakfast for lunch: pancakes w/omelet (VG)</li> <li>• italian calzoni (VG)</li> <li>• honey mustard chicken wrap</li> <li>○ broccoli</li> </ul> <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> <li>• <b>EARLY RELEASE</b></li> </ul> <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> <li>• <b>*NEW*</b> cheese pizza panada pie</li> <li>• mac &amp; cheese w/chicken bites</li> <li>• garden ranch salad w/chicken</li> <li>○ steamed carrots</li> </ul> <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> <li>• Hot dog (DF)</li> <li>• cheesy ravioli (VG)</li> <li>• turkey &amp; cheddar sandwich</li> <li>○ chilled green beans</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>• southern bbq chicken sandwich</li> <li>• cheese pizza</li> <li>• sunbutter &amp; jelly sandwich (VG)</li> <li>○ steamed corn</li> </ul> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> <li>• uncle ted's bbq chicken drumstick</li> <li>• bbq chicken w/cheesy rice</li> <li>• cheddar cheese sandwich (VG)</li> <li>○ blanched broccoli</li> </ul> <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> <li>• breakfast for lunch: pancakes w/sausage</li> <li>• pepper jack cheeseburger</li> <li>• southwest veggie wrap (VG)</li> <li>○ pinto beans</li> <li>○ baby carrots w/ranch</li> </ul> <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> <li>• italian calzoni</li> <li>• breakfast for lunch: pancakes w/omelet</li> <li>• might meaty deli sandwich</li> <li>○ glazed carrots</li> </ul> <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> <li>• hamburger (DF)</li> <li>• mama's cheese tamale (VG)</li> <li>• chicken salad sandwich (DF)</li> <li>○ steamed corn</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>• cheese pizza (VG)</li> <li>• southern bbq chicken sandwich</li> <li>• santa fe wrap</li> <li>○ broccoli</li> </ul> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> <li>• <b>holiday meal:</b> roasted turkey &amp; stuffing (DF)</li> <li>• chicken bites</li> <li>• honey mustard chicken wrap</li> <li>○ green beans</li> </ul> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> <li>• <b>EARLY RELEASE</b></li> </ul> <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul> <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul> <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul> <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> <li>• chicken bites</li> <li>• chicken potstickers (DF)</li> <li>• mighty meaty deli sandwich</li> <li>○ glazed carrots</li> </ul> <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> <li>• hot dog (DF)</li> <li>• general tso's chicken</li> <li>• cheese sandwich (VG)</li> <li>○ chilled green beans</li> </ul> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> <li>• cheeseburger</li> <li>• cheese pizza (VG)</li> <li>• santa fe wrap</li> <li>○ steamed corn</li> </ul> <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> <li>• breakfast for lunch: pancakes w/omelet (VG)</li> <li>• italian calzoni (VG)</li> <li>• honey mustard chicken wrap</li> <li>○ broccoli</li> </ul> <p style="text-align: right;">30</p>	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day



# November

## BREAKFAST K-5

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> <li>lemon muffin</li> <li>cinnamon chex/zac attack apple</li> </ul> <p>1</p>	<ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>assorted cereal</li> </ul> <p>2</p>	<ul style="list-style-type: none"> <li>blueberry bagel</li> <li>assorted cereal</li> </ul> <p>3</p>
<ul style="list-style-type: none"> <li>dipperdoodle bar</li> <li>cinnamon chex/zac attack strawberry</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>assorted cereal</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>french toast muffin</li> <li>multigrain cheerios w/mini dipperdoodle bar</li> </ul> <p>8</p>	<ul style="list-style-type: none"> <li>whole wheat bagel</li> <li>assorted cereal</li> </ul> <p>9</p>	<ul style="list-style-type: none"> <li>blueberry muffin</li> <li>assorted cereal</li> </ul> <p>10</p>
<ul style="list-style-type: none"> <li>zee zees berry apple crisp bar</li> <li>cheerios w/mini dipperdoodle bar</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>yogurt w/granola</li> <li>assorted cereal</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>lemon muffin</li> <li>cinnamon chex/zac attack apple</li> </ul> <p>15</p>	<ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>assorted cereal</li> </ul> <p>16</p>	<ul style="list-style-type: none"> <li>blueberry bagel w/ cream cheese</li> <li>assorted cereal</li> </ul> <p>17</p>
<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul> <p>20</p>	<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul> <p>21</p>	<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul> <p>22</p>	<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul> <p>23</p>	<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul> <p>24</p>
<ul style="list-style-type: none"> <li>shelf stable cinnamon chex w/honey grahams</li> </ul> <p>27</p>	<ul style="list-style-type: none"> <li>yogurt w/granola</li> <li>Cinnamon chex/ honey grahams</li> <li>assorted cereal</li> </ul> <p>28</p>	<ul style="list-style-type: none"> <li>lemon muffin</li> <li>cinnamon chex/zac attack apple</li> </ul> <p>29</p>	<ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>assorted cereal</li> </ul> <p>30</p>	

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Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

