

September

MVN BREAKFAST 6-12

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> blueberry muffin cinnamon chex/zac attack strawberry (DF) <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> LABOR DAY <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> zee zees berry apple crisp bar (DF) assorted cereal (DF) <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> lemon muffin assorted cereal (DF) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble assorted cereal (DF) <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese cinnamon chex/zac attack strawberry (DF) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> dipperdoodle bar (DF) multigrain cheerios/zac attack strawberry (DF) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble assorted cereal (DF) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> french toast muffin assorted cereal (DF) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> plain whole wheat bagel/cream cheese assorted cereal (DF) <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> blueberry muffin cinnamon chex/zac attack (DF) <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> zee zees berry apple crisp bar (DF) cheerios/mini dipperdoodle bar (DF) <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> yogurt/granola assorted cereal (DF) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> lemon muffin assorted cereal (DF) <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble assorted cereal (DF) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese cinnamon chex/zac attack strawberry (DF) <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> dipperdoodle bar (DF) multigrain cheerios/zac attack strawberry (DF) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble assorted cereal (DF) <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> french toast muffin assorted cereal (DF) <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> plain whole wheat bagel/cream cheese assorted cereal (DF) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> blueberry muffin cinnamon chex/zac attack strawberry (DF) <p style="text-align: right;">29</p>

What's New?

Welcome back to school!

We have some of your favorites new on our menu (Cheerios and Chex!).

Look for them on the menu every Friday!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

