

September

MVN LUNCH 6-12

revolutionfoods.

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> breakfast for lunch: pancakes w/ sausage lone star bbq chicken sandwich southwest veggie wrap (VG) 1
<ul style="list-style-type: none"> LABOR DAY 4	<ul style="list-style-type: none"> hot dog (DF) general tso's chicken (DF) mama's tamale (VG) 5	<ul style="list-style-type: none"> cheeseburger cheese pizza with a whole grain crust (VG) southern bbq chicken sandwich 6	<ul style="list-style-type: none"> breakfast for lunch: pancakes w/ omelet (VG) italian calzoni (VG) 7	<ul style="list-style-type: none"> crispy chicken sandwich (DF) baked mac & cheese with chicken sausage combo taco dippers kit (VG) 8
<ul style="list-style-type: none"> baked mac & cheese and chicken bites cheese pizza panada pie (VG) 11	<ul style="list-style-type: none"> buffalo chicken pizza cheesy ravioli (VG) 12	<ul style="list-style-type: none"> hot dog (DF) cheese pizza with a whole grain crust (VG) 13	<ul style="list-style-type: none"> firecracker chicken with sesame noodles uncle ted's bbq chicken drumstick w/ cheesy rice cheddar cheese sandwich (VG) 14	<ul style="list-style-type: none"> EARLY RELEASE DAY 15
<ul style="list-style-type: none"> chicken bites (DF) chicken potstickers (DF) creamy pasta alfredo (VG) 18	<ul style="list-style-type: none"> hot dog (DF) mama's tamale (VG) jerk drumstick w/ pineapple carrot rice (DF) 19	<ul style="list-style-type: none"> cheeseburger southern bbq chicken sandwich cheese pizza with a whole grain crust (VG) 20	<ul style="list-style-type: none"> breakfast for lunch: pancakes w/ omelet (VG) italian calzoni (VG) 21	<ul style="list-style-type: none"> crispy chicken sandwich (DF) baked mac & cheese w/ chicken sausage combo taco dippers kit (VG) 22
<ul style="list-style-type: none"> baked mac & cheese and chicken bites cheese pizza panada pie (VG) 25	<ul style="list-style-type: none"> buffalo chicken pizza cheesy ravioli (VG) 26	<ul style="list-style-type: none"> hot dog (DF) cheese pizza with a whole grain crust (VG) 27	<ul style="list-style-type: none"> bbq chicken w/ cheesy rice mama's tamale (VG) 28	<ul style="list-style-type: none"> EARLY RELEASE DAY 29

What's New?

Welcome back to school!

Kid tested and chef crafted NEW meals:

- * Buffalo Chicken Pizza
- * Uncle Ted's BBQ Chicken Drumstick with Cheesy Rice

Look for them on the menu in September!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

