

January

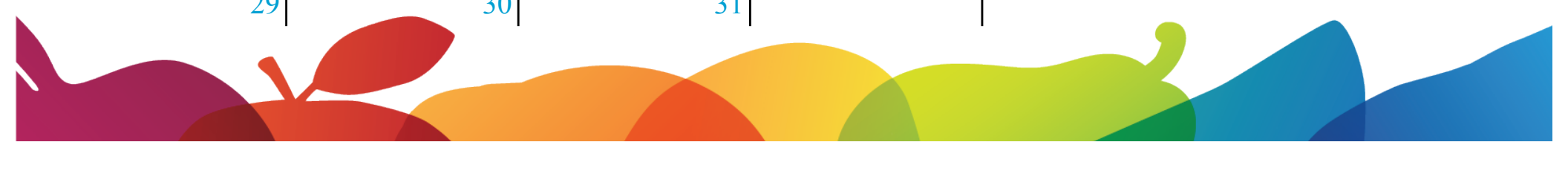
BREAKFAST 6-12

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| <p>NO SCHOOL</p> <p>1</p> | <p>NO SCHOOL</p> <p>2</p> | <ul style="list-style-type: none"> cinnamon chex/honey grahams <p>3</p> | <ul style="list-style-type: none"> plain wheat bagel w/cream cheese cinnamon chex/honey grahams <p>4</p> | <ul style="list-style-type: none"> blueberry muffin cinnamon chex/honey grahams <p>5</p> |
| <ul style="list-style-type: none"> dipper doodle bar w/fruit cinnamon chex/honey grahams <p>8</p> | <ul style="list-style-type: none"> yogurt w/granola assorted cereal <p>9</p> | <ul style="list-style-type: none"> lemon muffin assorted cereal <p>10</p> | <ul style="list-style-type: none"> cinnamon crumble assorted cereal <p>11</p> | <ul style="list-style-type: none"> blueberry burst wholegrain bagel w/cream cheese assorted cereal <p>12</p> |
| <p>MARTIN LUTHER KING JR. DAY</p> <p>15</p> | <p>NO SCHOOL</p> <p>16</p> | <p>NO SCHOOL</p> <p>17</p> | <p>NO SCHOOL</p> <p>18</p> | <ul style="list-style-type: none"> blueberry muffin assorted cereal <p>19</p> |
| <ul style="list-style-type: none"> cheerios/mini dipper doodle bar assorted cereal <p>22</p> | <ul style="list-style-type: none"> yogurt w/granola assorted cereal <p>23</p> | <ul style="list-style-type: none"> lemon muffin assorted cereal <p>24</p> | <ul style="list-style-type: none"> cinnamon crumble assorted cereal <p>25</p> | <ul style="list-style-type: none"> blueberry burst bagel w/cream cheese assorted cereal <p>26</p> |
| <ul style="list-style-type: none"> cinnamon chex/zac attack assorted cereal <p>29</p> | <ul style="list-style-type: none"> skeeter honey grahams/cinnamon rumbles <p>30</p> | <ul style="list-style-type: none"> french toast muffin assorted cereal <p>31</p> | | |

Choice of 1% or fat free milk. fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider



January

LUNCH 6-12

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| <p>NO SCHOOL</p> <p>1</p> | <p>NO SCHOOL</p> <p>2</p> | <ul style="list-style-type: none"> • hotdog (DF) • sloppy joe (DF) • sunbutter and jelly sandwich (VG) ○ green beans w/ ranch <p>3</p> | <ul style="list-style-type: none"> • green chili and cheese tamales(VG) • chicken pizza party salad ○ broccoli <p>4</p> | <ul style="list-style-type: none"> • spaghetti and meatballs (DF) • lone star bbq chicken sandwich • southwest veggie wrap (VG) ○ pinto beans ○ baby carrots <p>5</p> |
| <ul style="list-style-type: none"> • pepper jack cheeseburger • breakfast for lunch: pancakes w/ omelet (VG) ○ glazed carrots <p>8</p> | <ul style="list-style-type: none"> • kickin chicken parm pasta • buffalo chicken pizza • cheddar cheese sandwich (VG) ○ green peas <p>9</p> | <ul style="list-style-type: none"> • oven roasted chicken sandwich (DF) • cheese pizza (VG) ○ celery sticks w/ ranch <p>10</p> | <ul style="list-style-type: none"> • chicken bites • chicken sausage and cheddar eggel sandwich • taco dippers (VG) ○ broccoli <p>11</p> | <p>EARLY RELEASE DAY</p> <p>12</p> |
| <p>MARTIN LUTHER KING JR. DAY</p> <p>15</p> | <p>NO SCHOOL</p> <p>16</p> | <p>NO SCHOOL</p> <p>17</p> | <p>NO SCHOOL</p> <p>18</p> | <ul style="list-style-type: none"> • baked mac & cheese w/ chicken sausage • meatball sub • sunbutter and jelly sandwich (VG) ○ black beans ○ baby carrots <p>19</p> |
| <ul style="list-style-type: none"> • breakfast for lunch: pancakes w/ sausage • sweet garlic noodles w/ chicken thigh • sunbutter and jelly sandwich (VG) ○ glazed carrots <p>22</p> | <ul style="list-style-type: none"> • creamy tomato curry w/ chicken • cheesy ravioli (VG) ○ broccoli <p>23</p> | <ul style="list-style-type: none"> • buffalo chicken sandwich • NEW!! cheesy pizza bites (VG) ○ green beans w/ ranch <p>24</p> | <ul style="list-style-type: none"> • Italian "sausage" calzone (VG) • NEW!! veggie chili (VG) • mighty meaty deli sandwich ○ steamed corn <p>25</p> | <ul style="list-style-type: none"> • chicken bites • pasta alfredo (VG) ○ pinto beans ○ baby carrots <p>26</p> |
| <ul style="list-style-type: none"> • chicken potstickers (DF) • cheese enchiladas (VG) ○ corn <p>29</p> | <ul style="list-style-type: none"> • kickin chicken melt sandwich • baked mac & cheese w/ bbq chicken • egg salad sandwich (VG) (DF) ○ glazed carrots <p>30</p> | <ul style="list-style-type: none"> • hot dog (DF) • sloppy joe (DF) • sunbutter and jelly sandwich (VG) ○ green beans w/ ranch <p>31</p> | | |

Happy New Year!
What's New?

Cheesy-bite size goodness! Try our new Cheesy Bite Pizza!

Our hearty chili is now served with a delicious side of corn bread!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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