



Monday	Tuesday	Wednesday	Thursday	Friday	
			plain whole wheat bagel		What's New?
			w/cream cheese • assorted cereal	blueberry muffin     assorted cereal	We have a lot of delicious new meals to try this month!
dipperdoodle bar     SHELF STABLE cinnamon chex/honey grahams  5	yogurt w/granola     assorted cereal  6	<ul> <li>lemon muffin</li> <li>assorted cereal</li> </ul>	breakfast cinnamon crumble     assorted cereal	blueberry burst bagel w/cream cheese     assorted cereal	Philly Cheesesteak, Potstickers with Not- So-Fried Rice and Scoops with Chicken
cinnamon chex/ zac attack strawberry     assorted cereal	skeeter honey/ cinnamon rumbles     assorted cereal	french toast muffin     assorted cereal	plain bagel w/cream cheese     assorted cereal  15	blueberry muffin     assorted cereal	and Cheese Dip!  Look for them on the menu on DATE!
• NO SCHOOL	cinnamon duo: skeeter cinnamon grahams/ cinnamon rumbles     assorted cereal	lemon muffin     assorted cereal  21	breakfast cinnamon crumble     assorted cereal  22	blueberry burst whole grain bagel     assorted cereal	Lunch: choice of 1% or fat-free milk; fresh fruit available daily.  Dairy-free (DF) and vegetarian (V) options available daily – if not listed on
<ul> <li>cinnamon chex/ zac attack strawberry</li> <li>assorted cereal</li> </ul>	skeeter honey grahams/cinnamon rumbles     assorted cereal  27	french toast muffin     assorted cereal			the menu, available upon request.  • Vegetable of the day  This institution is an equal opportunity provider



## revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday	
			buffalo chicken pizza     chicken tamales (DF)     southwest veggie wrap (VG)     broccoli  1	spaghetti and meatballs (DF)     lone star bbq chicken     sandwich     cheddar cheese sandwich     (VG)     pinto beans     baby carrots	What's I We have a delicious ne try this mon
chicken bites chicken sausage & cheddar eggel sandwich southwest veggie wrap (VG) glazed carrots  5	kickin chicken parm pasta     "NEW" scoops w/ chicken & chile cheese dip     sunbutter & jelly sandwich (VG)     green peas	cheese pizza (VG)  "NEW" chicken potstickers w/ rice chicken caesar wrap sliced cucumbers w/ ranch  7	fiesta scoops w/ three layer dip (VG) creamy tomato curry w/ chicken mighty meaty sandwich broccoli     fiesta scoops w/ three layer dip cvoich scoops w/ three layer scoops w/ three layer scoops w/ three layer scoops w/ three laye	• EARLY RELEASE	Philly Chee Potstickers So-Fried Ri and Scoops with
*NEW* philly cheesesteak     cheese pizza panada pie (VG)     chicken caesar salad     broccoli	breakfast for lunch: pancakes w/ omelet (VG)     firecracker chicken w/ sesame noodles     turkey & cheddar sandwich corn and tomato salad	cheese pizza (VG) southern bbq chicken sandwich honey mustard chicken wrap seasoned green beans w/ ranch  14	hot dog     scoops w/ black bean & green chile cheese dip (VG)     chicken salad sandwich (DF)     glazed carrots	mac & cheese w/ chicken sausage     five cheese lasagna (VG)     sesame chicken wrap (DF)     black beans     grape tomatoes	Look for the menu on Fe 7, and 12!
• NO SCHOOL	cheesy ravioli (VG)     generals tso's chicken     sesame chicken salad     broccoli	cheesy pizza bites sloppy joe (DF) bbq chicken wrap seasoned green beans w/ ranch  21	chicken bites     pasta alfredo (VG)     mighty meaty sandwich     steamed corn  22	pepper jack cheeseburger     veggie chili & mini cornbread (VG)     turkey & cheddar sandwich     pinto beans     baby carrots	Lunch: choice of 1 fresh fruit available Dairy-free (DF) an options available o
cheese enchiladas (VG) pizza burger bagel melt turkey & cheddar sandwich steamed corn  26	kickin chicken melt sandwich     hot dog     egg salad sandwich     glazed carrots	cheese pizza (VG) buffalo chicken sandwich turkey & cheddar sandwich seasoned green beans w/ ranch 28			the menu, available of the Vegetable of the This institution is a provider
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## New?

a lot of new meals to onth!

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nem on the February 6,

1% or fat-free milk; ble daily.

and vegetarian (V) e daily – if not listed on able upon request.

the day

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